



Bestenliste

FALKE-Rothaarsteig-Marathon

Jahr	Name, Vorname	Zeit
2004 Marathon	Soefker, Andreas	02:53:12,1
	Otto, Carmen	03:31:01,4
2005 Marathon	Braukmann, Thomas	02:43:20,1
	Gerlach, Anne	03:32:32,2
2006 Marathon	Kuhlmann, Guido	02:55:11,7
	Hildebrand, Carmen	03:30:30,0
2007 Marathon	Von Witsch Felix	02:46:13,9
	Gerlach, Anne	03:26:24,5
2008 Marathon	Kuhlmann, Guido	02:57:10,0
	Geiken, Annette	03:32:11,0
2009 Marathon	Kuhlmann, Guido	02:51:06,5
	Gerlach, Anne	03:32:50,3
2010 Marathon	Kuhlmann, Guido	02:47:32,7
	Kellner, Heike	03:22:20,0
2011 Marathon	Schneider, Torsten	02:45:23,4
	Kellner, Heike	03:27:59,8
2012 Marathon	Löschner, Frank	02:51:39,5
	Lennartz, Birgit	03:31:52,2
2013 Marathon	Härtel, Christian	02:47:07,4
	Roth, Isa	03:34:34,3
2014 Marathon	Nahen, Matthias	02:50:41,4
	Otto, Carmen	03:17:13,4
2015 Marathon	Thum, Felix	02:49:17,0
	Otto, Carmen	03:29:23,7
2016 Marathon	Dally, Tim	02:45:56,0
	Pfennigschmidt-Gläsler, Silke	03:10:50,0
2017 Marathon	Böhl, Timo	02:48:41,0
	Felt, Silvia	03:15:34,0
2018 Marathon	Böhl, Timo	02:48:50,0
	Otto, Carmen	03:29:47,0
2019 Marathon	Dally, Tim	02:42:49,0
	*Versteegh, Ingrid	03:10:08,0
2020 Marathon	ausgefallen	--:--
2021 Marathon	Feldmann, Andreas	02:52:35,0
	Otto, Carmen	03:31:41,0
2022 Marathon	Hoehne, Peter	02:49:02,0
	Wiedemann, Lisa	03:36:55,0
2023 Marathon	*Polin, Benjamin	02:35:54,0
	Koch, Nadja	03:17:06,0



Bestenliste

FALKE-Rothaarsteig-Marathon

Jahr	Name, Vorname	Zeit
2004 Halbmarathon	*Braukmann, Thomas (bei 21,1 km)	01:19:10,4
	Samse, Anja	01:45:58,6
2005 Halbmarathon	Karneth, André	01:28:34,5
	Brandenburger, Ramona	01:46:02,9
2006 Halbmarathon	Dr. Siebel, Jens	01:27:20,6
	Günther, Marlen	01:41:13,8
2007 Halbmarathon	Dr. Siebel, Jens	01:24:53,0
	Birbaleite, Vilija	01:41:31,3
2008 Halbmarathon	Dr. Siebel, Jens	01:25:05,0
	Birbaleite, Vilija	01:42:39,4
2009 Halbmarathon	Dr. Siebel, Jens	01:25:18,1
	Birbaleite, Vilija	01:43:10,5
2010 Halbmarathon	Dr. Siebel, Jens	01:24:32,9
	Günther, Marlen	01:42:33,8
2011 Halbmarathon	Dr. Siebel, Jens (bei 22,1 km)	01:24:06,2
	Wied, Ramona	01:41:54,1
2012 Halbmarathon	Schnüttgen, Thomas	01:28:07,4
	Cramer, Lucien	01:43:30,0
2013 Halbmarathon	*Oppel, Christian	01:22:53,7
	Cramer, Lucien	01:41:24,4
2014 Halbmarathon	Dally, Tim	01:23:57,3
	Wied, Ramona	01:38:15,4
2015 Halbmarathon	Löher, Andre	01:30:37,2
	Büschemann, Bärbel	01:43:06,5
2016 Halbmarathon	Sooomun, Eyob	01:25:20,0
	Radix, Ina	01:39:59,0
2017 Halbmarathon	Dally, Tim	01:26:04,0
	Moesch, Angela	01:41:48,0
2018 Halbmarathon	Thomas, Micha	01:23:21,0
	Espeter, Franziska	01:38:53,0
2019 Halbmarathon	Teweldebrhan, Medhanie	01:26:10,0
	Espeter, Franziska	01:38:41,0
2020 Halbmarathon	ausgefallen	--:--
2021 Halbmarathon	Buschkühl, Alois	01:28:47,0
	*Kistner, Sarah	01:37:02,0
2022 Halbmarathon	Kharoot, Yarkhan	01:24:08,0
	Voßhans, Sabrina	01:52:36,0
2023 Halbmarathon	Kharoot, Yarkhan	01:29:48,0
	Espeter, Franziska	01:45:11,0



Bestenliste FALKE-Rothaarsteig-Marathon

Jahr	Name, Vorname	Zeit
2004 Nordic-Walking	-	-
2005 Nordic-Walking	Rüter, Georg Schröder, Corinna	02:29:44,8 02:55:48,5
2006 Nordic-Walking	Gramsch, Volker Henning, Ingrid	02:42:37,8 02:44:38,9
2007 Nordic-Walking	Schmidt, Michael-P. *Giess, Christiane	02:32:28,2 02:33:11,0
2008 Nordic-Walking	Gramsch, Volker Padberg, Julia	02:37:29,8 02:48:36,1
2009 Nordic-Walking	Basterf, Frank Schmitz, Monika	02:42:58,2 02:46:44,6
2010 Nordic-Walking	Gramsch, Volker Schuchmann, Barbara	02:34:55,5 02:49:10,8
2011 Nordic-Walking	Gramsch, Volker Schuchmann, Barbara	02:33:26,6 02:40:01,8
2012 Nordic-Walking	Gramsch, Volker Schuchmann, Barbara	02:35:32,7 02:44:45,3
2013 Nordic-Walking	Baster, Frank Knipschild, Monika	02:32:01,9 02:42:58,3
2014 Nordic-Walking	Krüger, Olaf Möbus, Renate	02:32:28,4 02:36:24,6
2015 Nordic-Walking	*Greszta, Andrzej Möller, Claudia	02:29:37,6 02:42:56,9
2016 Nordic-Walking	Gramsch, Volker Gerritsen, Jessica	02:35:17,0 02:49:21,0
2017 Nordic-Walking	Gramsch, Volker Möller, Claudia	02:35:47,0 02:52:11,0
2018 Nordic-Walking	Gramsch, Volker Middendorf, Petra	02:33:45,0 02:47:20,0
2019 Nordic-Walking	Gramsch, Volker Middendorf, Petra	02:36:38,0 02:52:16,0
2020 Nordic-Walking	ausgefallen	--:--
2021 Nordic-Walking	Gramsch, Volker Baumann, Silke	02:38:07,0 02:53:16,0
2022 Nordic-Walking	Van Bargaen, Stefan Baumann, Silke	02:41:55,0 02:51:58,0
2023 Nordic-Walking	Gramsch, Volker Baumann, Silke	02:39:38,0 02:55:47,0
Jahr	Name, Vorname	Zeit
2023 AOK-Lauf 12,5 km	Grobbe, Luca Sunder, Tanja	00:54:05,0 01:05:57,0
	* = Streckenrekord	

Bestenliste FALKE-Rothaarsteig-Marathon

Jahr	Name, Vorname	Zeit
2004 Walking	-	-
2005 Walking	-	-
2006 Walking	Schmitz, Martin Mooser, Christiane	02:38:21,9 02:48:47,5
2007 Walking	Siewer, Hajo Achenbach, Marita	02:37:37,5 02:50:32,2
2008 Walking	Mügge, Christof Krenz, Martina	02:34:34,9 03:03:36,0
2009 Walking	*Buschka, Joachim Drinkmann, Tanja	02:24:33,0 02:50:47,5
2010 Walking	Siewer, Hajo Pape, Irmgard	02:36:05,2 02:57:09,7
2011 Walking	Nekritsch, Arkadi Wuth, Pia	02:27:55,6 02:42:33,4
2012 Walking	Fuhlrott, Wolfgang Setzer-Britwum, Ulrike	02:31:38,8 02:47:09,2
2013 Walking	Birke, Volker Faust, Elisabeth	02:30:15,1 02:44:55,2
2014 Walking	Matuschek, Ralf Schwarzkopp, Britta	02:29:52,7 02:55:23,9
2015 Walking	Mügge, Christoph *Setzer-Britwum, Ulrike	02:29:13,8 02:38:35,2
2016 Walking	Kaetzler, Sebastian Setzer-Britwum, Ulrike	02:26:29,0 02:41:43,0
2017 Walking	Gordon, Andreas Amend, Anette	02:40:29,0 02:51:44,0
2018 Walking	Hoffmann, Thomas Stratenschulte, Britta	02:37:04,0 02:43:57,0
2019 Walking	Knecht, Olaf Stratenschulte, Britta	02:34:12,0 02:45:25,0
2020 Walking	ausgefallen	--:--
2021 Walking	Knecht, Olaf Belfermann, Birgit	02:39:27,0 03:00:35,0
2022 Walking	Knecht, Olaf Zester, Simone	02:38:11,0 02:59:17,0
2023 Walking	Knecht, Olaf Stratenschulte, Britta	02:31:18,0 02:48:03,0
	* = Streckenrekord	